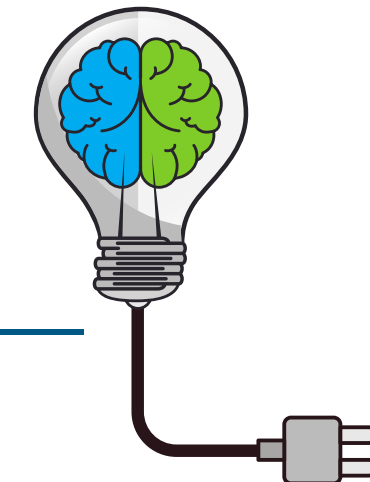


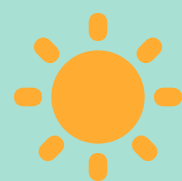


MIND-BODY CLINIC



Reserve Your Seat @ [Bit.ly/spacetobreathe](https://bit.ly/spacetobreathe)

Current Offerings



20 min
Chill
Meditation



1 hour
Mindfulness
Class



45 min
Moving
Meditation



20 min
Feel Good
Meditation

Times

10am

11am

3pm

4pm

MON

TUE

WED

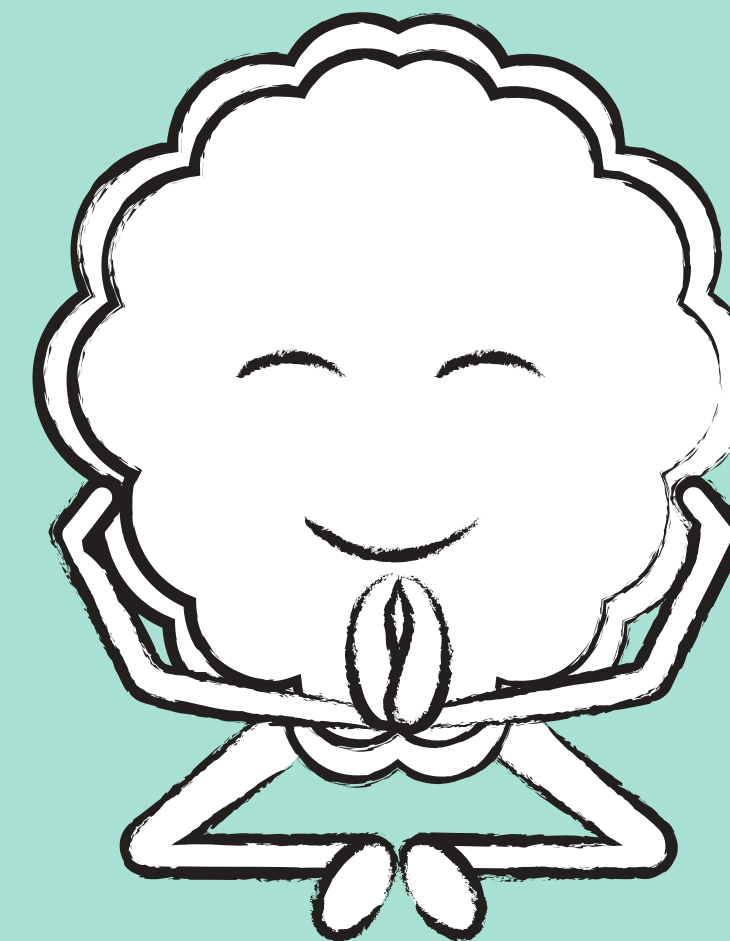
THU



GOOD
TIMES



GOOD
TIMES



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